



Continuing Education Information: *Posttraumatic Stress Disorder (PTSD)*

Course Description

Narrated by Dr. Heidi Kraft, a clinical psychologist and Navy combat Veteran, this course explains the difference between posttraumatic stress disorder (PTSD) and posttraumatic stress (PTS). The new DSM-V criteria is described in detail, including a discussion of the expanded definition of Criterion A, the traumatic event. It details the categories of PTSD symptoms and specifics regarding how they might present clinically in the Veteran population. In addition, Dr. Kraft reviews several traumatic events specific to the Veteran experience, which might present in a clinical encounter. Video clips from *Make the Connection*, feature Veterans discussing their personal experiences with PTSD during this course.

Subject Areas

Mental health, trauma, posttraumatic stress disorder, PTSD, combat, military cultural competency, evidence-based treatment

Format

Web-Based Training, Self-Study (Online)

Credit

1 Continuing Education Credit/1 Clock Hour

Course Cost

The course is free to take; however, there will be administrative certificate processing fees.

Program Release Date

March 20, 2018

Instructor Biography

Professional experience and education for each of our trainers is located on the PsychArmor Learning Management System online. Please visit <https://psycharmor.org/trainers/> for more information.

Place

PsychArmor Learning Management System Online

Target Audience

This module is designed for health care professionals who treat military service members and Veteran-connected patients. This includes primary care physicians, nurse practitioners, physician assistants, nurses, pharmacists, psychologists, and other healthcare providers wishing to work more effectively with their Veteran patients to promote better patient understanding and culturally-informed care.

Course Level

Intermediate

Outcomes/Objectives

Following completion of this educational activity, learners should be able to:

1. Detail the DSM-V changes to criterion A regarding traumatic experiences.
2. Explain how these changes might affect your Veteran patient's psychological assessment.
3. List the four categories of symptoms required for diagnosis of PTSD according to the DSM-V.
4. Describe the new category of symptoms in DSM-V, negative alterations in cognition and mood.
5. Explain how these symptoms might impact diagnosis, including comorbidity considerations.
6. Delineate three areas of functional impairment that might manifest along with the development of PTSD symptoms.
7. List four examples of events unique to combat and/or military service that might lead to complicating presentation in today's Veterans.

Registration/Participation in Activity Procedures

1. Length of course: 1 hour
2. Review program schedule
3. Register for course on PsychArmor's learning management system
4. Attend and participate in 100% of program activity and evaluation

Statement of Participation

A certificate of completion will be awarded to participants and accreditation records will be on file at PsychArmor. In order to receive a certificate of completion from PsychArmor, you must register in PsychArmor's learning management system, attend 100% of the program, complete the quiz, and the evaluation. To inquire about CEs contact support@psycharmor.org and provide your name, email, and license number.

Report Training

It is the program participant's responsibility to ensure that this training is documents in the appropriate location according to their locally prescribed process.

Program Schedule

- Posttraumatic Stress Disorder (PTSD)
- Quiz
- Feedback

Instructor Credentials

Heidi Squier Kraft, Ph.D.
Clinical Director
PsychArmor Institute

Accommodations/Grievance

View PsychArmor's Disclosure Statement, Grievance Policy & Accommodations [here](#) or contact support@psycharmor.org

Accreditations



PsychArmor is approved by the California Association of Marriage and Family Therapists to sponsor continuing education hours for LMFTs, LCSWs, LPCCs, and/or LEPs. PsychArmor maintains responsibility for the program/course and its content. Courses meet the qualifications for 1 hour of continuing education credit

(Please note: some courses offer 1.25 CE hours) for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.



PsychArmor Institute is approved by the American Psychological Association to sponsor continual education for psychologists. PsychArmor maintains responsibility for this program and its content.



PsychArmor Institute (PAI) has been approved by NBCC as an Approved Continuing Education Provider ACEP No. 6772. Programs that do not qualify for NBCC credit are clearly identified. PsychArmor is solely responsible for all aspects of the programs.