



Continuing Education Information:
Intimacy and Emotional Disconnect in Military Populations

Course Description

This course investigates links between emotional disconnect and relationship intimacy issues primarily among Veteran and active duty military couples. Dr. Sarah Nunnink, a psychologist certified in Emotionally Focused Therapy for couples, focuses on how military beliefs and values can affect relationships on an intimate and emotional level. The course discusses signs, symptoms, and treatment modalities that can benefit Veteran couples who feel emotionally disconnected.

Subject Areas

Intimacy, emotions, military cultural competency, relationships, couples, therapeutic techniques

Format

Web-Based Training, Self-Study (Online)

Credit

1 Continuing Education Credit/1 Clock Hour

Course Cost

The course is free to take; however, there will be an administrative certificate processing fee.

Program Release Date

October 6, 2015

Instructor Biography

Professional experience and education for each of our trainers is located on the PsychArmor Learning Management System online. Please visit <https://psycharmor.org/trainers/> for more information.

Place

PsychArmor Learning Management System Online

Target Audience

This module is designed for health care professionals who treat military service members and Veteran-connected patients. This includes primary care physicians, nurse practitioners, physician assistants, nurses, pharmacists, psychologists, and other healthcare providers wishing to work more effectively with their Veteran patients to promote better patient understanding and culturally-informed care.

Course Level

Intermediate

Outcomes/Objectives

Following completion of this educational activity, learners should be able to:

1. Discuss military and Veteran-specific issues that might affect patient's romantic relationships.
2. Describe the difference between external and internal emotional avoidance.
3. List three signs of emotional disconnection in a romantic relationship.
4. Compare the differences between disconnected sex and connected sex.

Registration/Participation in Activity Procedures

1. Length of course: 1 hour
2. Review program schedule
3. Register for course on PsychArmor's learning management system
4. Attend and participate in 100% of program activity and evaluation

Statement of Participation

A certificate of completion will be awarded to participants and accreditation records will be on file at PsychArmor. In order to receive a certificate of completion from PsychArmor, you must register in PsychArmor's learning management system, attend 100% of the program, complete the quiz, and the evaluation. To inquire about CEs contact support@psycharmor.org and provide your name, email, and license number.

Report Training

It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to their locally prescribed process.

Program Schedule

- Intimacy and Emotional Disconnect in Military Populations
- Quiz
- Feedback

Instructor Credentials

Sarah Nunnink, Ph.D.

Director

Center for Emotional Change

Accommodations/Grievance

View PsychArmor's Disclosure Statement, Grievance Policy & Accommodations [here](#) or contact support@psycharmor.org

Accreditations



PsychArmor is approved by the California Association of Marriage and Family Therapists to sponsor continuing education hours for LMFTs, LCSWs, LPCCs, and/or LEPs. PsychArmor maintains responsibility for the program/course and its content. Courses meet the qualifications for 1 hour of continuing education credit

(Please note: some courses offer 1.25 CE hours) for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.



PsychArmor Institute is approved by the American Psychological Association to sponsor continual education for psychologists. PsychArmor maintains responsibility for this program and its content.



PsychArmor Institute (PAI) has been approved by NBCC as an Approved Continuing Education Provider ACEP No. 6772. Programs that do not qualify for NBCC credit are clearly identified. PsychArmor is solely responsible for all aspects of the programs.