



Continuing Education Information: *Inner Conflict and Survivor's Guilt*

Course Description

Intended for all healthcare providers who treat service members and Veterans, this course is narrated by clinical psychologist and Navy combat Veteran, Dr. Heidi Kraft. Through storytelling and clinical case examples, Dr. Kraft will guide healthcare learners to better understand the concepts of inner conflict - also called moral injury - and survivor's guilt, including the impact of these experiences in the military and Veteran populations. Dr. Kraft describes some military-specific situations that service members might experience that can cause inner conflict and survivor's guilt, and explores their behavioral and cognitive manifestations and clinical presentation. Finally, this course covers evidence-based treatments and other interventions that have been effective in the recovery process after inner conflict, moral injury, and survivor's guilt.

Subject Areas

Military cultural competency, mental health, Posttraumatic Stress Disorder (PTSD), inner conflict, moral injury, survivor's guilt

Format

Web-Based Training, Self-Study (Online)

Credit

1 Continuing Education Credit/1 Clock Hour

Course Cost

The course is free to take; however, there will be an administrative certificate processing fee.

Program Release Date

October 1, 2015

Instructor Biography

Professional experience and education for each of our trainers is located on the PsychArmor Learning Management System online. Please visit <https://psycharmor.org/trainers/> for more information.

Place

PsychArmor Learning Management System Online

Target Audience

This module is designed for health care professionals who treat military service members and Veteran-connected patients. This includes primary care physicians, nurse practitioners, physician assistants, nurses, pharmacists, psychologists, and other healthcare providers wishing to work more effectively with their Veteran patients to promote better patient understanding and culturally-informed care.

Course Level

Intermediate

Outcomes/Objectives

Following completion of this educational activity, learners should be able to:

1. Recognize and define the four different types of trauma in military-specific situations.
2. Identify three different military specific experiences that could result in someone experiencing inner conflict or moral injury.
3. Describe two evidence-based treatments used to treat PTSD and inner conflict/moral injury.
4. Compare and contrast the feelings, emotions, and clinical presentation associated with inner conflict and survivor's guilt.

Registration/Participation in Activity Procedures

1. Length of course: 1 hour
2. Review program schedule
3. Register for course on PsychArmor's learning management system
4. Attend and participate in 100% of program activity and evaluation

Statement of Participation

A certificate of completion will be awarded to participants and accreditation records will be on file at PsychArmor. In order to receive a certificate of completion from PsychArmor, you must register in PsychArmor's learning management system, attend 100% of the program, complete the quiz, and the evaluation. To inquire about CEs contact support@psycharmor.org and provide your name, email, and license number.

Report Training

It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to their locally prescribed process.

Program Schedule

- Inner Conflict and Survivors' Guilt
- Quiz
- Feedback

Instructor Credentials

Heidi Squier Kraft, Ph.D.
Clinical Director
PsychArmor Institute

Accommodations/Grievance

View PsychArmor's Disclosure Statement, Grievance Policy & Accommodations [here](#) or contact support@psycharmor.org

Accreditations



PsychArmor is approved by the California Association of Marriage and Family Therapists to sponsor continuing education hours for LMFTs, LCSWs, LPCCs, and/or LEPs. PsychArmor maintains responsibility for the program/course and its content. Courses meet the qualifications for 1 hour of continuing education credit

(Please note: some courses offer 1.25 CE hours) for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.



PsychArmor Institute is approved by the American Psychological Association to sponsor continual education for psychologists. PsychArmor maintains responsibility for this program and its content.



PsychArmor Institute (PAI) has been approved by NBCC as an Approved Continuing Education Provider ACEP No. 6772. Programs that do not qualify for NBCC credit are clearly identified. PsychArmor is solely responsible for all aspects of the programs.